

Campbell County Suicide Prevention Resource List

Suicide can be prevented. While some suicides occur without any outward warning, most people who are suicidal do give warnings. Prevent the suicide of loved ones by learning to recognize the signs of someone at risk, taking those signs seriously and knowing how to respond to them.

Warning signs of suicide include:

Observable signs of serious depression:

- Unrelenting low mood
- Pessimism
- Hopelessness
- Desperation
- Anxiety, psychic pain and inner tension
- Withdrawal
- Sleep problems

Increased alcohol and/or other drug use

Recent impulsiveness and taking unnecessary risks

Threatening suicide or expressing a strong wish to die

Making a plan:

- Giving away prized possessions
- Sudden or impulsive purchase of a firearm
- Obtaining other means of killing oneself such as poisons or medications

Unexpected rage or anger

The emotional crises that usually precede suicide are often recognizable and treatable. Although most depressed people are not suicidal, most suicidal people are depressed. Serious depression can be manifested in obvious sadness, but often it is rather expressed as a loss of pleasure or withdrawal from activities that had been enjoyable. One can help prevent suicide through early recognition and treatment of depression and other psychiatric illnesses.

Please see refer to the resources listed in this booklet for help with emotional/mental health needs or crisis, support for grief related to the loss of a loved one by suicide, as well as resources if you have attempted in the past. To submit additions to this list or to request more information please feel free to contact the:

Campbell County Suicide Prevention Coalition

Or – Find us on Facebook at <http://www.facebook.com/CampbellCountySuicidePreventionCoalition>

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Online Support Groups

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The Grieve and Heal Support Group of Campbell County Health’s Hospice Center

Grief Share Group

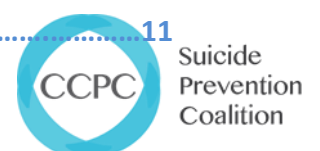
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Grace for 2 Brothers Foundation

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Campbell County Suicide Prevention Resource List

Campbell County – Mental Health and Substance Abuse Counseling Resources

[A Positive Solution Counseling Center, LLC](#)

201 W Lakeway Rd, Suite 1004. Gillette, WY 82716
(307)682-3747
Most insurance types accepted, no Medicare

[Behavioral Health Services @ CCH](#)

501 S. Burma Ave, 5th Floor. Gillette, WY 82717
(307)688-5000
Psychological and Psychiatric Services
Accepts Medicaid

[Bighorn Counseling](#)

801 E 4th St. #24. Gillette, WY 82718
(307)686-6660
Most insurance types accepted, no Medicare

[Bridges Habilitation Services](#)

400 S. Kendrick Ave. Ste. 204 Gillette, WY 82716
(307) 685-7105

[Brighter Horizons](#)

301 Richards Ave. Gillette, WY 82716
(307) 685-6982
Most insurance types accepted, no Medicaid/
Medicare, Tri-Care or Tri-West

[Clear Creek Counseling](#)

1001 S Douglas Highway Suite 110
Gillette, WY 82716
(307)686-9422
Most insurance types accepted, no Medicaid/
Medicare, Magellan or United Healthcare

[Cottonwood Counseling and Consulting](#)

201 W. Lakeway Rd. Ste 905. Gillette, WY 82716
Accepts Medicaid
(307) 696-7160

[Cornerstone Counseling](#)

1901 Energy Court, Ste. 311, Gillette, WY 82718
(307) 248-6312

[Counseling Center](#)

1401 W. 2nd St. Suite 1 Gillette, WY 82716
(307) 682-6699

[Counseling Connections](#)

707 W. 8th St. Gillette, WY 82716
(307) 685-8255
Most insurance types accepted, no Medicaid/
Medicare or Magellan EAP

[Courage to Change Counseling](#)

113 S. Gillette Ave. Ste. 242. Gillette, WY 82716
(307) 622-8616
Accepts Medicaid

[H.O.P.E. Counseling Services](#)

113 S. Gillette Ave. Suite 242. Gillette, WY 82716
(307) 689-9090
Accepts Medicaid

[Kendrick Counseling](#)

400 S. Kendrick Suite 100. Gillette, WY 82716
(307) 686-4062
Most insurance types accepted, Medicare acceptance varies by provider

[Kid Clinic](#)

800 S. Butler Spaeth Rd Gillette, WY 82716
(307) 686-4062
Accepts Medicaid



Campbell County Suicide Prevention Resource List

Campbell County – Mental Health and Substance Abuse Counseling Resources

[Lukehart & Pierson Counseling LLC](#)

PO Box 1571 Gillette, WY 82717
(605) 381-0068 or (307) 660-5876
Accepts Medicaid

[Personal Frontiers, Inc.](#)

310 S. Miller Suite G. Gillette, WY 82718
(307)686-1189
Most insurance types accepted, patient reimbursement billing system, accepts Medicaid.

[Meadowlark Counseling](#)

201 W. Lakeway Rd. #511. Gillette, WY 82718
(307) 686-0808
Psychological Services
Accepts Medicaid

[Powder River Behavior Consultation](#)

1901 Energy Court Suite 311
Gillette, WY 82718
(307) 248-6312 or (949) 922-3043

[Patricia Nesbit](#)

601 S. Gillette Ave. Gillette, WY 82716
(307)685-8182

[Willow Tree Therapy, LLC-](#)

812 East 4th Street
Gillette, WY 82716
307-682-2034 Fax- 682-2968

[Y.E.S. House - Youth Emergency Services](#)

905 N. Gurley Ave. Bldg. C Gillette, WY 82716
(307) 686-0669

Campbell County Suicide Prevention Resource List

Campbell County—Student/ Youth Resources

Campbell County School District Student Support Services

Lori Townsend and Jessica Diaz
Student Assistance Coordinators
800 S. Butler Spaeth Rd.
Gillette, WY 82716
(307) 686-7198

The health and safety of students is a top priority for Campbell County School District. Student Support Services promotes student well-being in order to achieve academic success. Mental health and substance abuse services are offered to any child under the age of 21 and resides in Campbell County. Services are provided through a partnership with CCH - Kid Clinic. School counselors are also available at each school in the district.

Campbell County Kid Clinic

800 S. Butler Spaeth Rd
Gillette, WY 82716
(307) 688-8700

Kid Clinic provides mental health counseling, substance abuse counseling, and medical care for children ages 2 weeks through 21 years of age. Transportation is provided for Campbell County School District students for whom transportation is a roadblock to services. Kid Clinic bills private insurance, Medicaid, and CHIP. No child is denied services based solely on inability to pay. See your school counselor for a counseling referral. For medical care, call Kid Clinic at 688-8700 to make an appointment or access Skip the Wait at:

http://www.cchwyo.org/Services/Kid_Clinic.aspx

Walk In's are welcome.

Department of Family Services

551 Running W Drive
Suite
Gillette, WY 82718
(307) 682-7277

Youth and Family Service- This is a non-court involved service area that is available for families when they are in need of help or guidance with a child, children or the entire family. It is a time limited service up to 120 days. This program includes providing families with services, guiding them to other resources, and could also provide financial help for family services, if needed. A Youth and Family Services case is free and social service personnel will work with you on a family service plan to assist you and your family with your immediate needs.

Gillette College

Office of Counseling and Disability Services
300 Sinclair Street
Gillette, WY 82718
(307) 686-0254 x 2011

Free short term counseling services to college students are available. Crisis services are also offered and the Director of Counseling Services is available 24/7 for the residential hall staff, police department, and administration to contact with any emergencies.

Y.E.S. House

Please see information listed in the next section.

Campbell County Suicide Prevention Resource List

Campbell County – Crisis/Emergency Resources

National 24/7 Suicide Crisis Line

1-800-273-TALK (8255)

Crisis Text Tipline

Text **“Energy”** to 741-741

A free, 24/7 Text Line for anyone in crisis.

Behavioral Health Services

501 S. Burma Ave
Gillette, WY 82716
5th Floor
Crisis Line (307) 688-5050

Campbell County Health

Emergency Room
501 S. Burma Ave
Gillette, WY 82716
(307) 688-1000

Campbell County Sheriff’s Office

600 W Boxelder Rd
Gillette, WY 82718
(307) 682-7271 (non-emergency)
911 (emergency)

Gillette Police Department

201 E 5th St
Gillette, WY 82716
(307) 682-5155 (non-emergency)
911 (emergency)

Y.E.S. House

905 North Gurley Avenue
Gillette, WY 82716
(307) 686-7539

Y.E.S. House Crisis Shelter

24/7 crisis line: (307) 686-7539

The Y.E.S. House provides emergency shelter for youth ages 10-17 who are in need of intervention, a time-out, protection and as an alternative to incarceration, as in the case of status offenders or delinquents awaiting court. Services available through this are:

- 24/7 crisis line: (307) 686-7539
- Alternative to incarceration for status offenders or delinquents awaiting court
- Supervision 24/7, family mediation and re-unification meetings
- May include social detoxification, counseling, referral to other services
- Youth daily fitness activities may include recreation center, YES House gymnasium, or a Ropes Course
- Volunteer opportunities at the Boys & Girls Club, Soup Kitchen, Council of Community Services, Library, Bee Hive Nursing Home or AVA art center.

Campbell County Suicide Prevention Resource List

Campbell County – Faith Community Directory

Calvary Community Church

631 N. Commercial Drive. Gillette, WY 82716
(307) 682-9553
Grief Share group meets once per week on Thursday evenings at 7pm. This group is open to the community and covers a variety of types of grief and loss.

Central Baptist Church

1170 Country Club Road. Gillette, WY 82718
(307) 682-2543
Pastoral counseling available for church members and the community at large.

Christ Our Redeemer Lutheran Church

1010 Beaver Road. Gillette, WY 82718
(307) 686-4080
Pastoral counseling available for church members and the community at large.

Christian Church

100 Flying Circle Dr. Gillette, WY 82716
(307) 682-3316

Church at the Barn

2010 4-J Road. Gillette, WY 82716
(307) 685-2272

Church of Christ

1204 T-7 Lane. Gillette, WY 82716
(307) 682-2528
Pastoral counseling available for church members and the community at large.

Church of Jesus Christ of Latter-Day Saints

Two locations:
1500 Ohara Drive. Gillette, WY 82716
(307) 682-8131

2903 Allen Ave. Gillette, WY 82718
(307) 682-3662
Congregation members may speak with their ward Bishop about seeking services with an LDS counselor.

Cornerstone Church of God

406 S Brooks. Gillette, WY 82716
(307) 686-6429
Pastoral counseling available for church members and the community at large.

Faith Community Church

177 American Road. Gillette, WY 82716
(307) 682-7333

Family Life Church

480 Wyoming 50. Gillette, WY 82717
(307) 687-1083
Pastoral counseling available one-on-one or members can request counseling services through Set Free Ministries.

First Assembly of God

601 Carey Ave. Gillette, WY 82716
(307) 686-2990
Pastoral counseling available through Pastor Dan Holden

First Baptist Church

501 S. Gillette Ave. Gillette, WY 82716
(307) 682-4816

First Church of the Nazarene

3010 West 4-J Road. Gillette, WY 82718
(307) 682-2562
Pastor Judith England is available for spiritual counseling and crisis intervention. She is available to the congregation as well as the community at large.

First Presbyterian Church

511 Carey Ave. Gillette, WY 82716
(307) 682-7264
Pastoral primarily marriage counseling for church members, but is available for anyone in need.

First United Methodist Church

2000 W Lakeway. Gillette, WY 82716
(307) 686-7339
Pastoral counseling available for church members and the community at large.

Campbell County Suicide Prevention Resource List

Campbell County – Faith Community Directory

[Gillette Christian Center](#)

6201 Swanson Road. Gillette, WY 82718
(307) 686-6680
Pastoral counseling available to congregation. Appointments can be made by contacting the church.

[Grace Bible Church](#)

4000 Collins Rd. E. Gillette, WY 82718
(307) 686-1516
Pastoral counseling available for church members and the community at large.

[High Plains Community Church](#)

3101 W. Lake Road, Gillette WY 82718
(307) 685-0044
Spiritual counseling available through Pastor Dan Morgan. Support for the community at large is also available through Journey Counseling Ministries, a Christian counseling service through the church.

[Holy Trinity Episcopal Church](#)

PO Box 2007 Gillette, WY 82717
(307) 682-4296
Father Tom Fiske (has experienced loss due to suicide) is available as a resource to community at large.

[Jericho Baptist Church](#)

211 S Brooks Ave. Gillette, WY 82716
(307) 686-5626
Pastoral counseling available for church members and the community at large.

[New Life Wesleyan Church](#)

1000 Comanche Ave. Gillette, WY 82718
(307) 682-5642

[Prince of Peace Lutheran Church](#)

203 Flying Circle Dr. Gillette, WY 82716
(307) 682-4509

[Redemption Church](#)

2801 Antler Road, Gillette, WY 82718
(307) 686-5639
Pastoral Counseling available through Don Sullivan.

[Roadway Alliance Church](#)

811 Hemlock. Gillette, WY 82716
(307) 686-7738
Pastoral counseling available for church members and the community at large.

[Seventh Day Adventist Church](#)

901 Apricot. Gillette, WY 82716
(307) 682-8465

[St. Matthew's Catholic Church](#)

1000 Butler Spaeth. Gillette, WY 82716
(307) 682-3319

[Trinity Lutheran Church](#)

1001 E. 9th Gillette, WY 82716
(307) 682-4886
Pastoral counseling available for church members and the community at large.

[Vineyard Christian Fellowship](#)

585 Westside Dr. Gillette, WY 82718
(307) 686-2485

[Westside Baptist Church](#)

604 West 10th St. Gillette, WY 82716
(307) 682-3505
Christian counseling available on Friday and Saturday by appointment with Pastor Gary Williams. Members can also receive help from one of the Deacons in the church.

WRIGHT AREA

[Blessed Sacrament Catholic Church](#)

624 Wright Blvd
Wright, WY 82732
(307) 682-3319
Pastoral counseling available for church members and the community at large.

Campbell County Suicide Prevention Resource List

Survivor of Suicide Resources

Online Support Groups

<https://www.afsp.org/coping-with-suicide-loss/where-do-i-begin/other-websites-organizations#onlinesupportgroups>

Local Survivor Support Group

Survivors of Suicide Loss

Meeting Place: Gillette Tech Center

3251 South 4-J – Room 206

Meeting Day/Time: 1st Thursdays of each month from 6:30pm to 7:30pm

Facilitated by: Survivors of Suicide Loss

Charge: No

All ages welcome, meeting is an open, drop-in format.

Local Bereavement/Grief Support

The Grieve and Heal Support Group of Campbell County Health's Hospice Center

This group runs several times throughout the year in 12 week sessions using the "Understanding Your Grief" book and journal from Dr. Alan Wolfelt.

Grief and bereavement support are offered to anyone in the community. Individuals can receive bereavement mailings, meet with the bereavement counselor, use their library of bereavement resources, attend support groups and attend bereavement events throughout the year. Contact Melisa Haddix at (307) 688-6230 for more information.

Grief Share Group

Held once per week on Thursday evenings at 7pm. This group is open to the community and covers a variety of types of grief and loss. The group meets at:

Calvary Community Church

631 N. Commercial Drive

Gillette, WY 82716

(307) 682-9553

Grace for 2 Brothers Foundation

This foundation provides resource information and assistance to those who know someone in crisis, or to those who are in crisis; and provides support to survivors - those who have lost a loved one to suicide.

109 E 17th, Suite 12. Cheyenne, WY 82001

Office: (307) 432 - 4049 Toll Free: (877) 496 - 4049 Fax: (307) 432 - 4068

<http://www.gracefor2brothers.com>

Other Wyoming Survivor Support Groups

<https://www.afsp.org/coping-with-suicide-loss/find-support/find-a-support-group/wyoming>

Campbell County Suicide Prevention Resource List

Attempt Survivor Resources

American Association of Suicidology (for attempt survivors) <http://attemptsurvivors.com>

Taking Care of Yourself: After an Attempt http://www.preventsuicideny.org/uploads/after_an_attempt.pdf

Additional Online Suicide Prevention Resources

Campbell County Suicide Prevention Coalition <http://www.facebook.com/CampbellCountySuicidePreventionCoalition>

Grace for 2 Brothers <http://www.gracefor2brothers.com> or <http://www.facebook.com/GraceFor2Brothers>

Grass Roots Initiative to Prevent Suicide <http://gripsuicide.org>

ReachOut.com – for teens and young adults www.reachout.com

The American Foundation for Suicide Prevention www.afsp.org

National Suicide Prevention Hotline <http://www.suicidepreventionlifeline.org>

Survivors of Suicide (SOS) <http://www.survivorsofsuicide.com>

American Association of Suicidology <http://www.suicidology.org>

The Suicide Prevention Resource Center <http://sprc.org>